

	Jan	Feb	Mär	Apr	Mai	Jun	Jul	Aug	Sep	Okt	Nov	Dez
K artoffeln	○	○	○	○	○	○	○	○	○	○	○	○
Knoblauch	○	○	○	○	○	●	●	●	●	●	●	●
Kohlrabi	○	○	●	●	●	●	●	●	●	●	●	○
Kräuter				●	●	●	●	●	●	●		
Kresse	●	●	●	●							●	●
Kürbis								●	●	●	●	●
L auch	●	●	●	○	○	○	○	●	●	●	●	●
M airüben	○	○	○	●	●	●	●	●	●	●	○	○
Meerrettich	○	○	○	○	○	○	○	○	○	○	○	○
Möhren	●	●	○	○	○	●	●	●	●	●	●	●
P aprika	○	○	○	○	○	○	●	●	●	●	●	○
Petersilie	●	●	●	●	●	●	●	●	●	●	●	●
Pfifferlinge								●	●	●	●	
Portionsgurken	○	○	○	○	○	●	●	●	●	○	○	○
Portulak	●	●	●	●							●	●
R auce	●	●	●	●	●	●	●	●	●	●	●	●
Radiccio	○	○	○	○				○	○	○	○	○
Radieschen	○	○	●	●	●	●	●	●	●	●	●	○
Rettich	○	○	○	●	●	●	●	●	●	●	●	○
Rhabarber			●	●	●	●						
Romana					●	●	●	●	●	●	●	
Romanesco								●	●	●	●	
Rondini						●	●	●	●	●		
Rosenkohl	●	●							●	●	●	●
Rote Bete	●	●				●	●	●	●	●	●	●
S alat	○	○	●	●	●	●	●	●	●	●	○	○
Sauerkraut	●	●	●	●							●	●
Schnittlauch	●	●	●	●	●	●	●	●	●	●	○	●
Schnittsalat	●	●	●									●
Schwarzwurzeln	○	○	○	○						○	○	○

	Jan	Feb	Mär	Apr	Mai	Jun	Jul	Aug	Sep	Okt	Nov	Dez
Sellerie	●	●	●	○	○	●	●	●	●	●	●	●
Spinat	●	●	●	●	●	●	●	●	●	●	●	●
Stangenbohnen					●	●	●	●	●	●		
Stangensellerie	●	●	●	●	●	●	●	●	●	●	●	●
Steckrüben	○	○	○						○	○	○	○
Steckzwiebeln						●	●	●	●	●		
Steinchampignon	○	○	○	○	○	○	○	○	○	○	○	○
Steinpilze									●	●		
Spargel				○	○	○	○					
Suppengrün	●	●	●	●	●	●			●	●	●	●
T omaten	○	○				●	●	●	●	●	●	○
Trevisano	○	○						●	●	●	●	○
W eißkraut	●	●	●	●	●	●	●	●	●	●	●	●
Winterrettich	●	●	●							●	●	●
Wirsing	●	●	●	●			●	●	●	●	●	●
Wurzelpetersilie	●	●						●	●	●	●	●
Z ucchini	○	○	○	○	○	●	●	●	●	●		
Zuckerhut	●	○	○								●	●
Zwiebel	●	●	●	●	○	○	●	●	●	●	●	●
Zwiebelrohr				●	●	●						